SUBSTITUTE SENATE BILL 6051

State of Washington 66th Legislature 2020 Regular Session

By Senate Health & Long Term Care (originally sponsored by Senators Cleveland, O'Ban, Becker, and Wilson, C.)

READ FIRST TIME 01/30/20.

AN ACT Relating to health coverage that is supplemental to the coverage provided under an employer or union-sponsored prescription drug coverage that supplements medicare part D provided through an employer group waiver plan authorized under federal law; reenacting and amending RCW 48.43.005; and declaring an emergency.

6 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

7 Sec. 1. RCW 48.43.005 and 2019 c 427 s 2, 2019 c 56 s 2, and 8 2019 c 33 s 1 are each reenacted and amended to read as follows:

9 Unless otherwise specifically provided, the definitions in this 10 section apply throughout this chapter.

11 (1) "Adjusted community rate" means the rating method used to 12 establish the premium for health plans adjusted to reflect 13 actuarially demonstrated differences in utilization or cost 14 attributable to geographic region, age, family size, and use of 15 wellness activities.

(2) "Adverse benefit determination" means a denial, reduction, or 16 17 termination of, or a failure to provide or make payment, in whole or 18 in part, for a benefit, including a denial, reduction, termination, 19 failure to provide or make payment that is based or on а an enrollee's 20 determination of or applicant's eligibility to 21 participate in a plan, and including, with respect to group health plans, a denial, reduction, or termination of, or a failure to provide or make payment, in whole or in part, for a benefit resulting from the application of any utilization review, as well as a failure to cover an item or service for which benefits are otherwise provided because it is determined to be experimental or investigational or not medically necessary or appropriate.

7 (3) "Allowed amount" means the maximum portion of a billed charge 8 a health carrier will pay, including any applicable enrollee cost-9 sharing responsibility, for a covered health care service or item 10 rendered by a participating provider or facility or by a 11 nonparticipating provider or facility.

12 (4) "Applicant" means a person who applies for enrollment in an 13 individual health plan as the subscriber or an enrollee, or the 14 dependent or spouse of a subscriber or enrollee.

(5) "Balance bill" means a bill sent to an enrollee by an out-ofnetwork provider or facility for health care services provided to the enrollee after the provider or facility's billed amount is not fully reimbursed by the carrier, exclusive of permitted cost-sharing.

(6) "Basic health plan" means the plan described under chapter70.47 RCW, as revised from time to time.

21 (7) "Basic health plan model plan" means a health plan as 22 required in RCW 70.47.060(2)(e).

(8) "Basic health plan services" means that schedule of covered health services, including the description of how those benefits are to be administered, that are required to be delivered to an enrollee under the basic health plan, as revised from time to time.

(9) "Board" means the governing board of the Washington healthbenefit exchange established in chapter 43.71 RCW.

(10) (a) For grandfathered health benefit plans issued before January 1, 2014, and renewed thereafter, "catastrophic health plan" means:

(i) In the case of a contract, agreement, or policy covering a single enrollee, a health benefit plan requiring a calendar year deductible of, at a minimum, one thousand seven hundred fifty dollars and an annual out-of-pocket expense required to be paid under the plan (other than for premiums) for covered benefits of at least three thousand five hundred dollars, both amounts to be adjusted annually by the insurance commissioner; and

39 (ii) In the case of a contract, agreement, or policy covering 40 more than one enrollee, a health benefit plan requiring a calendar

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year deductible of, at a minimum, three thousand five hundred dollars and an annual out-of-pocket expense required to be paid under the plan (other than for premiums) for covered benefits of at least six thousand dollars, both amounts to be adjusted annually by the insurance commissioner.

6 (b) In July 2008, and in each July thereafter, the insurance commissioner shall adjust the minimum deductible and out-of-pocket 7 expense required for a plan to qualify as a catastrophic plan to 8 reflect the percentage change in the consumer price index for medical 9 care for a preceding twelve months, as determined by the United 10 States department of labor. For a plan year beginning in 2014, the 11 12 out-of-pocket limits must be adjusted as specified in section 1302(c)(1) of P.L. 111-148 of 2010, as amended. The adjusted amount 13 14 shall apply on the following January 1st.

15 (c) For health benefit plans issued on or after January 1, 2014, 16 "catastrophic health plan" means:

17 (i) A health benefit plan that meets the definition of 18 catastrophic plan set forth in section 1302(e) of P.L. 111-148 of 19 2010, as amended; or

(ii) A health benefit plan offered outside the exchange marketplace that requires a calendar year deductible or out-of-pocket expenses under the plan, other than for premiums, for covered benefits, that meets or exceeds the commissioner's annual adjustment under (b) of this subsection.

(11) "Certification" means a determination by a review organization that an admission, extension of stay, or other health care service or procedure has been reviewed and, based on the information provided, meets the clinical requirements for medical necessity, appropriateness, level of care, or effectiveness under the auspices of the applicable health benefit plan.

31 (12) "Concurrent review" means utilization review conducted 32 during a patient's hospital stay or course of treatment.

33 (13) "Covered person" or "enrollee" means a person covered by a 34 health plan including an enrollee, subscriber, policyholder, 35 beneficiary of a group plan, or individual covered by any other 36 health plan.

37 (14) "Dependent" means, at a minimum, the enrollee's legal spouse 38 and dependent children who qualify for coverage under the enrollee's 39 health benefit plan.

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1 (15) "Emergency medical condition" means a medical, mental health, or substance use disorder condition manifesting itself by 2 acute symptoms of sufficient severity including, but not limited to, 3 severe pain or emotional distress, such that a prudent layperson, who 4 possesses an average knowledge of health and medicine, could 5 6 reasonably expect the absence of immediate medical, mental health, or substance use disorder treatment attention to result in a condition 7 (a) placing the health of the individual, or with respect to a 8 pregnant woman, the health of the woman or her unborn child, in 9 serious jeopardy, (b) serious impairment to bodily functions, or (c) 10 11 serious dysfunction of any bodily organ or part.

12 (16) "Emergency services" means a medical screening examination, as required under section 1867 of the social security act (42 U.S.C. 13 1395dd), that is within the capability of the emergency department of 14 a hospital, including ancillary services routinely available to the 15 16 emergency department to evaluate that emergency medical condition, 17 and further medical examination and treatment, to the extent they are within the capabilities of the staff and facilities available at the 18 hospital, as are required under section 1867 of the social security 19 act (42 U.S.C. 1395dd) to stabilize the patient. Stabilize, with 20 21 respect to an emergency medical condition, has the meaning given in 22 section 1867(e)(3) of the social security act (42 U.S.C. 23 1395dd(e)(3).

(17) "Employee" has the same meaning given to the term, as of January 1, 2008, under section 3(6) of the federal employee retirement income security act of 1974.

(18) "Enrollee point-of-service cost-sharing" or "cost-sharing"
means amounts paid to health carriers directly providing services,
health care providers, or health care facilities by enrollees and may
include copayments, coinsurance, or deductibles.

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(19) "Essential health benefit categories" means:

- 32 (a) Ambulatory patient services;
 - 33 (b) Emergency services;
- 34 (c) Hospitalization;
- 35 (d) Maternity and newborn care;

36 (e) Mental health and substance use disorder services, including 37 behavioral health treatment;

- 38 (f) Prescription drugs;
- 39 (g) Rehabilitative and habilitative services and devices;
- 40 (h) Laboratory services;

(i) Preventive and wellness services and chronic disease
 management; and

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(j) Pediatric services, including oral and vision care.

4 (20) "Exchange" means the Washington health benefit exchange 5 established under chapter 43.71 RCW.

6 (21) "Final external review decision" means a determination by an 7 independent review organization at the conclusion of an external 8 review.

9 (22) "Final internal adverse benefit determination" means an 10 adverse benefit determination that has been upheld by a health plan 11 or carrier at the completion of the internal appeals process, or an 12 adverse benefit determination with respect to which the internal 13 appeals process has been exhausted under the exhaustion rules 14 described in RCW 48.43.530 and 48.43.535.

15 (23) "Grandfathered health plan" means a group health plan or an 16 individual health plan that under section 1251 of the patient 17 protection and affordable care act, P.L. 111-148 (2010) and as 18 amended by the health care and education reconciliation act, P.L. 19 111-152 (2010) is not subject to subtitles A or C of the act as 20 amended.

(24) "Grievance" means a written complaint submitted by or on behalf of a covered person regarding service delivery issues other than denial of payment for medical services or nonprovision of medical services, including dissatisfaction with medical care, waiting time for medical services, provider or staff attitude or demeanor, or dissatisfaction with service provided by the health carrier.

(25) "Health care facility" or "facility" means hospices licensed 28 under chapter 70.127 RCW, hospitals licensed under chapter 70.41 RCW, 29 rural health care facilities as defined in RCW 70.175.020, 30 31 psychiatric hospitals licensed under chapter 71.12 RCW, nursing homes 32 licensed under chapter 18.51 RCW, community mental health centers licensed under chapter 71.05 or 71.24 RCW, kidney disease treatment 33 centers licensed under chapter 70.41 RCW, ambulatory diagnostic, 34 treatment, or surgical facilities licensed under chapter 70.41 RCW, 35 drug and alcohol treatment facilities licensed under chapter 70.96A 36 RCW, and home health agencies licensed under chapter 70.127 RCW, and 37 includes such facilities if owned and operated by a political 38 39 subdivision or instrumentality of the state and such other facilities 40 as required by federal law and implementing regulations.

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(26) "Health care provider" or "provider" means:

(a) A person regulated under Title 18 or chapter 70.127 RCW, to
practice health or health-related services or otherwise practicing
health care services in this state consistent with state law; or

5 (b) An employee or agent of a person described in (a) of this 6 subsection, acting in the course and scope of his or her employment.

7 (27) "Health care service" means that service offered or provided 8 by health care facilities and health care providers relating to the 9 prevention, cure, or treatment of illness, injury, or disease.

10 (28) "Health carrier" or "carrier" means a disability insurer 11 regulated under chapter 48.20 or 48.21 RCW, a health care service 12 contractor as defined in RCW 48.44.010, or a health maintenance 13 organization as defined in RCW 48.46.020, and includes "issuers" as 14 that term is used in the patient protection and affordable care act 15 (P.L. 111-148).

16 (29) "Health plan" or "health benefit plan" means any policy, 17 contract, or agreement offered by a health carrier to provide, 18 arrange, reimburse, or pay for health care services except the 19 following:

20 (a) Long-term care insurance governed by chapter 48.84 or 48.83 21 RCW;

(b) Medicare supplemental health insurance governed by chapter48.66 RCW;

(c) Coverage supplemental to the coverage provided under chapter55, Title 10, United States Code;

(d) Limited health care services offered by limited health care
 service contractors in accordance with RCW 48.44.035;

28 (e) Disability income;

(f) Coverage incidental to a property/casualty liability insurance policy such as automobile personal injury protection coverage and homeowner guest medical;

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(g) Workers' compensation coverage;

33 (h) Accident only coverage;

34 (i) Specified disease or illness-triggered fixed payment
 35 insurance, hospital confinement fixed payment insurance, or other
 36 fixed payment insurance offered as an independent, noncoordinated
 37 benefit;

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(j) Employer-sponsored self-funded health plans;

39 (k) Dental only and vision only coverage;

1 (1) Plans deemed by the insurance commissioner to have a short-2 term limited purpose or duration, or to be a student-only plan that 3 is guaranteed renewable while the covered person is enrolled as a 4 regular full-time undergraduate or graduate student at an accredited 5 higher education institution, after a written request for such 6 classification by the carrier and subsequent written approval by the 7 insurance commissioner; ((and))

8 (m) Civilian health and medical program for the veterans affairs 9 administration (CHAMPVA)<u>; and</u>

10 (n) Stand-alone prescription drug coverage that exclusively 11 supplements medicare part D coverage provided through an employer 12 group waiver plan under federal social security act regulation 42 13 C.F.R. Sec. 423.458(c).

14 (30) "Individual market" means the market for health insurance 15 coverage offered to individuals other than in connection with a group 16 health plan.

(31) "In-network" or "participating" means a provider or facility that has contracted with a carrier or a carrier's contractor or subcontractor to provide health care services to enrollees and be reimbursed by the carrier at a contracted rate as payment in full for the health care services, including applicable cost-sharing obligations.

(32) "Material modification" means a change in the actuarial value of the health plan as modified of more than five percent but less than fifteen percent.

(33) "Open enrollment" means a period of time as defined in rule to be held at the same time each year, during which applicants may enroll in a carrier's individual health benefit plan without being subject to health screening or otherwise required to provide evidence of insurability as a condition for enrollment.

31 (34) "Out-of-network" or "nonparticipating" means a provider or 32 facility that has not contracted with a carrier or a carrier's 33 contractor or subcontractor to provide health care services to 34 enrollees.

(35) "Out-of-pocket maximum" or "maximum out-of-pocket" means the maximum amount an enrollee is required to pay in the form of costsharing for covered benefits in a plan year, after which the carrier covers the entirety of the allowed amount of covered benefits under the contract of coverage.

1 (36) "Preexisting condition" means any medical condition, 2 illness, or injury that existed any time prior to the effective date 3 of coverage.

4 (37) "Premium" means all sums charged, received, or deposited by 5 a health carrier as consideration for a health plan or the 6 continuance of a health plan. Any assessment or any "membership," 7 "policy," "contract," "service," or similar fee or charge made by a 8 health carrier in consideration for a health plan is deemed part of 9 the premium. "Premium" shall not include amounts paid as enrollee 10 point-of-service cost-sharing.

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(38) (a) "Protected individual" means:

(i) An adult covered as a dependent on the enrollee's health benefit plan, including an individual enrolled on the health benefit plan of the individual's registered domestic partner; or

15 (ii) A minor who may obtain health care without the consent of a 16 parent or legal guardian, pursuant to state or federal law.

17 (b) "Protected individual" does not include an individual deemed 18 not competent to provide informed consent for care under RCW 19 11.88.010(1)(e).

(39) "Review organization" means a disability insurer regulated under chapter 48.20 or 48.21 RCW, health care service contractor as defined in RCW 48.44.010, or health maintenance organization as defined in RCW 48.46.020, and entities affiliated with, under contract with, or acting on behalf of a health carrier to perform a utilization review.

(40) "Sensitive health care services" means health services
related to reproductive health, sexually transmitted diseases,
substance use disorder, gender dysphoria, gender affirming care,
domestic violence, and mental health.

(41) "Small employer" or "small group" means any person, firm, 30 31 corporation, partnership, association, political subdivision, sole 32 proprietor, or self-employed individual that is actively engaged in business that employed an average of at least one but no more than 33 fifty employees, during the previous calendar year and employed at 34 least one employee on the first day of the plan year, is not formed 35 36 primarily for purposes of buying health insurance, and in which a bona fide employer-employee relationship exists. In determining the 37 number of employees, companies that are affiliated companies, or that 38 39 are eligible to file a combined tax return for purposes of taxation 40 by this state, shall be considered an employer. Subsequent to the

1 issuance of a health plan to a small employer and for the purpose of determining eligibility, the size of a small employer shall be 2 determined annually. Except as otherwise specifically provided, a 3 small employer shall continue to be considered a small employer until 4 the plan anniversary following the date the small employer no longer 5 6 meets the requirements of this definition. A self-employed individual or sole proprietor who is covered as a group of one must also: (a) 7 Have been employed by the same small employer or small group for at 8 least twelve months prior to application for small group coverage, 9 and (b) verify that he or she derived at least seventy-five percent 10 of his or her income from a trade or business through which the 11 12 individual or sole proprietor has attempted to earn taxable income and for which he or she has filed the appropriate internal revenue 13 service form 1040, schedule C or F, for the previous taxable year, 14 except a self-employed individual or sole proprietor 15 in an 16 agricultural trade or business, must have derived at least fifty-one 17 percent of his or her income from the trade or business through which the individual or sole proprietor has attempted to earn taxable 18 income and for which he or she has filed the appropriate internal 19 revenue service form 1040, for the previous taxable year. 20

(42) "Special enrollment" means a defined period of time of not less than thirty-one days, triggered by a specific qualifying event experienced by the applicant, during which applicants may enroll in the carrier's individual health benefit plan without being subject to health screening or otherwise required to provide evidence of insurability as a condition for enrollment.

(43) "Standard health questionnaire" means the standard healthquestionnaire designated under chapter 48.41 RCW.

29 (44) "Surgical or ancillary services" means surgery, 30 anesthesiology, pathology, radiology, laboratory, or hospitalist 31 services.

32 (45) "Utilization review" means the prospective, concurrent, or 33 retrospective assessment of the necessity and appropriateness of the 34 allocation of health care resources and services of a provider or 35 facility, given or proposed to be given to an enrollee or group of 36 enrollees.

37 (46) "Wellness activity" means an explicit program of an activity 38 consistent with department of health guidelines, such as, smoking 39 cessation, injury and accident prevention, reduction of alcohol 40 misuse, appropriate weight reduction, exercise, automobile and

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1 motorcycle safety, blood cholesterol reduction, and nutrition 2 education for the purpose of improving enrollee health status and 3 reducing health service costs.

<u>NEW SECTION.</u> Sec. 2. This act is necessary for the immediate preservation of the public peace, health, or safety, or support of the state government and its existing public institutions, and takes effect immediately.

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